

**SUMMARY OF PRODUCT CHARACTERISTICS,  
LABELLING AND PACKAGE LEAFLET**

## **SUMMARY OF PRODUCT CHARACTERISTICS**

## 1. NAME OF THE MEDICINAL PRODUCT

Concor AMLO 5 mg/5 mg tablets  
Concor AMLO 5 mg/10 mg tablets  
Concor AMLO 10 mg/5 mg tablets  
Concor AMLO 10 mg/10 mg tablets

## 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Concor AMLO 5 mg/5 mg tablets: 5 mg bisoprolol fumarate, 5 mg amlodipine (as besilate) per tablet.  
Concor AMLO 5 mg/10 mg tablets: 5 mg bisoprolol fumarate, 10 mg amlodipine (as besilate) per tablet.

Concor AMLO 10 mg/5 mg tablets: 10 mg bisoprolol fumarate, 5 mg amlodipine (as besilate) per tablet.

Concor AMLO 10 mg/10 mg tablets: 10 mg bisoprolol fumarate, 10 mg amlodipine (as besilate) per tablet.

For the full list of excipients, see section 6.1.

## 3. PHARMACEUTICAL FORM

Tablet.

Concor AMLO 5 mg/5 mg tablets: White or almost white, odourless, oblong, slightly convex tablets with a length of 9.5 mm and a width of 4.5 mm with score line on one side and with embossed MS on the other side.

The score line is only to facilitate breaking for ease of swallowing and not to divide into equal doses.

Concor AMLO 5 mg/10 mg tablets: White or almost white, odourless, round, flat, bevel edged tablets of 10 mm with score line on one side and embossed MS on the other side.

The score line is only to facilitate breaking for ease of swallowing and not to divide into equal doses.

Concor AMLO 10 mg/5 mg tablets: White or almost white, odourless, oval shaped, slightly convex tablets with a length of 13 mm and a width of 7 mm with score line on one side and embossed MS on the other side.

The score line is only to facilitate breaking for ease of swallowing and not to divide into equal doses.

Concor AMLO 10 mg/10 mg tablets: White or almost white, odourless, round, slightly convex tablets of 10 mm with score line on one side and embossed MS on the other side.

The score line is only to facilitate breaking for ease of swallowing and not to divide into equal doses.

## 4. CLINICAL PARTICULARS

### 4.1 Therapeutic indications

~~Concor AMLO is indicated for the treatment of hypertension in patients whose blood pressure cannot be controlled by either bisoprolol or amlodipine monotherapy or~~ Concor AMLO is indicated for the treatment of hypertension. Concor AMLO is indicated for the treatment of hypertension as substitution therapy in patients adequately controlled with the individual products given concurrently at the same doses level as in the combination, but as separate tablets.

## 4.2 Posology and method of administration

~~Concor AMLO is indicated in patients whose blood pressure cannot be controlled with bisoprolol or amlodipine alone or Concor AMLO is indicated~~ Concor AMLO is indicated in patients whose blood pressure is adequately controlled with separately administered monocomponent preparations of the same doses as the recommended fixed dose combination.

### Posology

Recommended daily dose is one tablet of the given strength.

~~Treatment with Concor AMLO is started with the lowest dose of Bisoprolol/Amlodipine 5/5 mg for the first 6 weeks. After 6 weeks the dosage for patients with uncontrolled blood pressure may be increased to Bisoprolol/Amlodipine 5/10 mg or Bisoprolol/Amlodipine 10/5 mg according to tolerability. After further 6 weeks the dosage for patients with uncontrolled blood pressure may be increased to Bisoprolol/Amlodipine 10/10 mg. For patients who are not tolerating their increased dose, their dose should be down titrated to their prior dose.~~

### Substitution therapy

~~Patients adequately controlled with separately administered monocomponent preparations may be switched to Concor AMLO containing the same component doses.~~

Treatment must not be abruptly discontinued, as it may lead to temporary deterioration of clinical condition. Treatment must not be abruptly discontinued especially in case of patients suffering from ischaemic heart disease. Gradual decrease of the dose is recommended.

### *Patients with hepatic impairment*

In case of hepatic impairment elimination of amlodipine may be elongated. Dosage recommendations concerning amlodipine have not been established in patients with mild to moderate hepatic impairment. The pharmacokinetics of amlodipine have not been studied in severe hepatic impairment. The drug should therefore be administered with special caution in patients with hepatic impairment (see section 4.4).

In case of severe hepatic impairment the daily dose of bisoprolol must not exceed 10 mg.

### *Patients with renal impairment*

No dosage adjustment is required for patients with mild to moderate renal impairment. Changes in amlodipine plasma concentrations are not correlated with degree of renal impairment. Amlodipine is not dialyzable (see section 4.4).

In case of severe renal impairment (creatinin clearance < 20 ml/min) the daily dose of bisoprolol must not exceed 10 mg.

### *Elderly patients*

The usual doses can be administered to elderly people; however, caution is advised when the dose is increased (see section 5.2).

### *Paediatric population*

The safety and efficacy of Concor AMLO in children and adolescents below the age of 18 years have not been established. No data are available.

### Method of administration

Concor AMLO should be taken in the morning with or without food, without chewing it.

## 4.3 Contraindications

### In connection with amlodipine:

- severe hypotension
- shock (including cardiogenic shock)
- obstruction of the outflow tract of the left ventricle (e.g. high grade aortic stenosis)

- haemodynamically unstable heart failure after acute myocardial infarction

In connection with bisoprolol:

- Acute heart failure or during episodes of heart failure decompensation requiring i.v. inotropic therapy
- Cardiogenic shock
- Second or third degree AV block (without a pacemaker)
- Sick sinus syndrome
- Sinoatrial block
- Symptomatic bradycardia
- Symptomatic hypotension
- Severe bronchial asthma
- Severe forms of peripheral arterial occlusive disease and severe forms of Raynaud's syndrome
- Untreated phaeochromocytoma (see section 4.4)
- Metabolic acidosis

In connection with Concor AMLO:

- Hypersensitivity to amlodipine, dihydropyridine derivatives, bisoprolol and/or to any of the excipients listed in section 6.1.

#### **4.4 Special warnings and precautions for use**

In connection with amlodipine:

The safety and efficacy of amlodipine in hypertensive crisis has not been established.

*Patients with cardiac failure*

Patients with heart failure should be treated with caution. In a long-term, placebo controlled study in patients with severe heart failure (NYHA class III and IV) the reported incidence of pulmonary oedema was higher in the amlodipine treated group than in the placebo group (see section 5.1). Calcium channel blockers, including amlodipine, should be used with caution in patients with congestive heart failure, as they may increase the risk of future cardiovascular events and mortality.

*Use in patients with impaired hepatic function*

The half-life of amlodipine is prolonged and AUC values are higher in patients with impaired liver function; dosage recommendations have not been established. Amlodipine should therefore be administered with caution in these patients. Careful monitoring may be required in patients with severe hepatic impairment.

*Use in elderly patients*

In the elderly increase of the dosage should take place with care (see section 5.2).

*Use in renal failure*

Amlodipine may be used in such patients at normal doses. Changes in amlodipine plasma concentrations are not correlated with degree of renal impairment. Amlodipine is not dialyzable.

In connection with bisoprolol:

Especially in case of patients suffering from ischaemic heart disease the cessation of therapy with bisoprolol must not be done abruptly unless clearly indicated, as it may lead to temporary deterioration of heart disease (see section 4.2).

Bisoprolol should be administered with special caution in patients with hypertension or angina associated with heart failure.

Bisoprolol must be used with caution in:

- Diabetes mellitus with large fluctuations in blood glucose values; symptoms of hypoglycaemia (e.g. tachycardia, palpitations or sweating) can be masked.
- Strict fasting/diet.

- Concomitant desensitisation therapy. As with other beta-blockers, bisoprolol may increase both the sensitivity towards allergens and the severity of anaphylactic reactions. Adrenaline treatment may not always give the expected therapeutic effect.
- First degree AV block.
- Prinzmetal's angina.
- Peripheral arterial occlusive disease (intensification of complaints might happen especially during the start of therapy),
- Patients with psoriasis or with a history of psoriasis should only be given beta-blockers (e.g. bisoprolol) after carefully balancing the benefits against the risks.
- Under treatment with bisoprolol the symptoms of hyperthyreosis may be masked.
- In patients with phaeochromocytoma bisoprolol must not be administered until after alpha-receptor blockade.
- In patients undergoing general anaesthesia beta-blockade reduces the incidence of arrhythmias and myocardial ischemia during induction of anaesthesia and intubation, and the post-operative period. It is currently recommended that maintenance beta-blockade be continued perioperatively. The anaesthetist must be aware of beta-blockade because of the potential for interactions with other drugs, resulting in bradyarrhythmias, attenuation of the reflex tachycardia and the decreased reflex ability to compensate for blood loss.  
If it is thought necessary to withdraw beta-blocker therapy before surgery, this should be done gradually and completed about 48 hours before anaesthesia.
- Although cardioselective (beta1) beta-blockers may have less effect on lung function than non-selective beta-blockers, as with all beta-blockers, these should be avoided in patients with obstructive airway diseases, unless there are compelling clinical reasons for their use. Where such reasons exist, **Concor AMLO** may be used with caution. In bronchial asthma or other chronic obstructive lung diseases, which may cause symptoms, bronchodilating therapy should be given concomitantly. Occasionally an increase of the airway resistance may occur in patients with asthma, therefore the dose of  $\beta_2$ -stimulants may have to be increased.

#### 4.5 Interaction with other medicinal products and other forms of interaction

In connection with amlodipine:

*Effects of other medicinal products on amlodipine*

- *CYP3A4 inhibitors:* Concomitant use of amlodipine with strong or moderate inhibitors of CYP3A4 (e.g. protease inhibitors like indinavir, saquinavir and ritonavir, azole antifungals such as fluconazole and itraconazole, macrolides like erythromycin or clarithromycin, verapamil or diltiazem) may give rise to significant increase in amlodipine exposure resulting in an increased risk of hypotension. The clinical translation of these PK variations may be more pronounced in the elderly. Clinical monitoring and dose adjustment may thus be required.
- *CYP3A4 inducers:* There is no data available regarding the effect of CYP3A4 inducers on amlodipine. The concomitant use of CYP3A4 inducers (e.g. rifampicin, hypericum perforatum) may give a lower plasma concentration of amlodipine. Amlodipine should be used with caution together with CYP3A4 inducers.

Administration of amlodipine with grapefruit or grapefruit juice is not recommended as bioavailability may be increased in some patients resulting in increased blood pressure lowering effects.

*Dantrolene (infusion)*

In animals, lethal ventricular fibrillation and cardiovascular collapse are observed in association with hyperkalemia after administration of verapamil and intravenous dantrolene. Due to risk of hyperkalemia, it is recommended that the co-administration of calcium channel blockers such as amlodipine be avoided in patients susceptible to malignant hyperthermia and in the management of malignant hyperthermia.

*Effects of amlodipine on other medicinal products*

The blood pressure lowering effects of amlodipine adds to the blood pressure-lowering effects of other medicinal products with antihypertensive properties.

### *Tacrolimus*

There is a risk of increased tacrolimus blood levels when co-administered with amlodipine but the pharmacokinetic mechanism of this interaction is not fully understood. In order to avoid toxicity of tacrolimus, administration of amlodipine in a patient treated with tacrolimus requires monitoring of tacrolimus blood levels and dose adjustment of tacrolimus when appropriate.

### *Cyclosporine*

No drug interaction studies have been conducted with cyclosporine and amlodipine in healthy volunteers or other populations with the exception of renal transplant patients, where variable trough concentration increases (average 0% - 40%) of cyclosporine were observed. Consideration should be given for monitoring cyclosporine levels in renal transplant patients on amlodipine, and cyclosporine dose reductions should be made as necessary.

### *Simvastatin*

Co-administration of multiple doses of 10 mg of amlodipine with 80 mg simvastatin resulted in a 77% increase in exposure to simvastatin compared to simvastatin alone. Limit the dose of simvastatin in patients on amlodipine to 20 mg daily.

In clinical interaction studies, amlodipine did not affect the pharmacokinetics of atorvastatin, digoxin, or warfarin.

### In connection with bisoprolol:

#### *Combinations not recommended:*

- *Calcium antagonists of verapamil type* and to a lesser extent of diltiazem type: Negative influence on contractility, atrio-ventricular conduction and blood pressure. Intravenous administration of verapamil in patients on  $\beta$ -blocker treatment may lead to profound hypotension and atrioventricular block.
- *Centrally acting antihypertensive drugs* such as clonidine, methyldopa, moxonidine, rilmenidine: Concomitant use of centrally acting antihypertensive drugs may lead to reduction of heart rate and cardiac output and vasodilation. Abrupt withdrawal of the drug may increase the risk of "rebound hypertension".

#### *Combinations to be used with special caution:*

- *Calcium antagonists of the dihydropyridine type* such as nifedipine: Concomitant use may increase the risk of hypotension, and an increase in the risk of a further deterioration of the ventricular pump function in patients with heart failure cannot be excluded.
- *Class I antiarrhythmic drugs* (e.g. disopyramide, quinidine, lidocaine, phenytoin, flecainide, propafenone): Effect on atrio-ventricular conduction time and negative inotropic effect may be potentiated.
- *Class III antiarrhythmic drugs* (e.g. amiodarone): Effect on atrio-ventricular conduction time may be potentiated.
- *Parasympathomimetic drugs*: Concomitant use may increase atrio-ventricular conduction time and thus the risk of bradycardia.
- *Topical beta-blocker containing preparations* (e.g. eye drops for glaucoma treatment) may add to the systemic effects of bisoprolol.
- *Insulin and oral antidiabetic drugs*: Intensification of blood sugar lowering effect. Blockade of beta-adrenoceptors may mask symptoms of hypoglycaemia.

- *Anaesthetic agents*: Attenuation of the reflex tachycardia and increase of the risk of hypotension (for further information on general anaesthesia see section 4.4).
- *Digitalis glycosides*: Reduction of heart rate, increase of atrio-ventricular conduction time.
- *Non-steroidal anti-inflammatory drugs (NSAIDs)*: NSAIDs may reduce the hypotensive effect of bisoprolol.
- *Beta-sympathomimetic agents* (e.g. isoprenaline, dobutamine): Combination with bisoprolol may reduce the effect of both agents.
- *Sympathomimetics that activate both beta- and alpha-adrenoceptors* (e.g. norepinephrine, epinephrine): Combination with bisoprolol may unmask the alpha-adrenoceptor-mediated vasoconstrictor effects of these agents leading to blood pressure increase. Such interactions are considered to be more likely with nonselective beta-blockers.
- *Concomitant use with antihypertensive agents as well as with other drugs with blood pressure lowering potential* (e.g. tricyclic antidepressants, barbiturates, phenothiazines) may increase the risk of hypotension.

*Combinations to be considered:*

- *Mefloquine*: increased risk of bradycardia.
- *Monoamine oxidase inhibitors* (except MAO-B inhibitors): Enhanced hypotensive effect of the beta-blockers but also risk for hypertensive crisis.

## 4.6 Fertility, pregnancy and lactation

### Pregnancy

Bisoprolol has pharmacological effects that may cause harmful effects on pregnancy and/or the foetus/newborn. In general,  $\beta$ -adrenoceptor blockers reduce placental perfusion, which has been associated with growth retardation, intrauterine death, spontaneous abortion and early labour. Adverse effects (e.g. hypoglycaemia and bradycardia) may occur in the foetus and newborn infant. If treatment with  $\beta$ -adrenoceptor blockers is necessary,  $\beta_1$ -selective adrenoceptor blockers are preferable.

The safety of amlodipine in human pregnancy has not been established. In animal studies, reproductive toxicity was observed at high doses (see section 5.3).

**Concor AMLO** is not recommended during pregnancy unless clearly necessary. If treatment with **Concor AMLO** is considered necessary, the uteroplacental blood flow and the foetal growth should be closely monitored. In case of harmful effects on pregnancy or the foetus alternative treatment should be considered. The newborn infant must be closely monitored. Symptoms of hypoglycaemia and bradycardia are generally to be expected within the first 3 days.

### Breast-feeding

It is not known whether bisoprolol or amlodipine is excreted in human milk. Therefore, administration of **Concor AMLO** is not recommended during breast-feeding.

### Fertility

No human data on fertility are known for the combination product. Reversible biochemical changes in spermatozoa have been reported in some patients treated by calcium channel blockers. Clinical data are insufficient regarding the potential effect of amlodipine on fertility. In one rat study, adverse effects were found on male fertility (see section 5.3).

Bisoprolol had no influence on fertility or on general reproduction performance in animal studies (see section 5.3).

#### 4.7 Effects on ability to drive and use machines

Amlodipine can have minor or moderate influence on the ability to drive and use machines. If patients taking amlodipine suffer from dizziness, headache, fatigue or nausea the ability to react may be impaired. In a study with coronary heart disease patients, bisoprolol did not impair driving performance. However, depending on the individual patients response to treatment an effect on the ability to drive a vehicle or to use machines cannot be excluded.

This may occur mostly at the beginning of therapy, during changing therapy and during concomitant alcohol intake.

#### 4.8 Undesirable effects

The undesirable effects observed in the course of using active ingredients separately are to be given according to the following frequency grouping:

Very common ( $\geq 1/10$ )

Common ( $\geq 1/100$  to  $< 1/10$ )

Uncommon ( $\geq 1/1,000$  to  $< 1/100$ )

Rare ( $\geq 1/10,000$  to  $< 1/1,000$ )

Very rare ( $< 1/10,000$ )

Frequency not known (cannot be estimated from the available data)

##### In connection with amlodipine

The most commonly reported adverse reactions during treatment are somnolence, dizziness, headache, palpitations, flushing, abdominal pain, nausea, ankle swelling, oedema and fatigue.

##### *Blood and lymphatic system disorders*

Very rare            Leukopenia, thrombocytopenia

##### *Immune system disorders*

Very rare            Allergic reactions

##### *Metabolism and nutrition disorders*

Very rare:            Hyperglycaemia

##### *Psychiatric disorders*

Uncommon:        Depression, mood changes (including anxiety), insomnia

Rare:                Confusion

##### *Nervous system disorders*

Common:            Somnolence, dizziness, headache (especially at the beginning of the treatment)

Uncommon:        Tremor, dysgeusia, syncope, hypoesthesia, paraesthesia,

Very rare:            Hypertonia, peripheral neuropathy

##### *Eye disorders*

Common:            Visual disturbances (including diplopia)

##### *Ear and labyrinth disorders*

Uncommon:        Tinnitus

##### *Cardiac disorders*

Common:            Palpitation

Uncommon:        Arrhythmia (including bradycardia, ventricular tachycardia and atrial fibrillation)

Very rare:            Myocardial infarction

#### *Vascular disorders*

Common: Flushing  
Uncommon: Hypotension  
Very rare: Vasculitis

#### *Respiratory, thoracic and mediastinal disorders*

Common: Dyspnoea  
Uncommon: Cough, rhinitis

#### *Gastrointestinal disorders*

Common: Abdominal pain, nausea, dyspepsia, altered bowel habits (including diarrhoea and constipation)  
Uncommon: Vomiting, dry mouth  
Very rare: Pancreatitis, gastritis, gingival hyperplasia

#### *Hepatobiliary disorders*

Very rare: Hepatitis, jaundice, hepatic enzyme increased\*

#### *Skin and subcutaneous tissue disorders*

Uncommon: Alopecia, purpura, skin discolouration, hyperhidrosis, pruritus, rash, exanthema, urticaria  
Very rare: Angioedema, erythema multiforme, exfoliative dermatitis, Stevens-Johnson syndrome, Quincke oedema, photosensitivity

#### *Musculoskeletal and connective tissue disorders*

Common: Ankle swelling, muscle cramps  
Uncommon: Arthralgia, myalgia, back pain

#### *Renal and urinary disorders*

Uncommon: Micturition disorder, nycturia, increased urinary frequency

#### *Reproductive system and breast disorders*

Uncommon: Impotence, gynecomastia

#### *General disorders and administration site conditions*

Very common: Oedema  
Common: Fatigue, asthenia  
Uncommon: Chest pain, pain, malaise

#### *Investigations*

Uncommon: Weight increase, weight decrease

\*In most cases with cholestasis

Exceptional cases of extrapyramidal syndrome have been reported.

#### In connection with bisoprolol

#### *Metabolism and nutrition disorders*

Rare: Elevated triglyceride level

#### *Psychiatric disorders*

Uncommon: Depression, sleep disorders  
Rare: Nightmares, hallucinations

*Nervous system disorders*

Common: Dizziness\*\*, headache\*\*

Rare: Syncope

*Eye disorders*

Rare: Decreased tear secretion (it must be taken into consideration if the patient wears contact lenses)

Very rare: Conjunctivitis

*Ear and labyrinth disorders*

Rare: Hearing impairments

*Cardiac disorders*

Uncommon: AV-conduction disorders, deterioration of preexisting heart failure, bradycardia

*Vascular disorders*

Common: Feeling of coldness and numbness in the extremities

Uncommon: Hypotension

*Respiratory, thoracic and mediastinal disorders*

Uncommon: Bronchospasm in patients with bronchial asthma or a history of obstructive pulmonary disease

Rare: Allergic rhinitis

*Gastrointestinal disorders*

Common: Gastrointestinal complaints such as nausea, vomiting, diarrhoea, constipation

*Hepatobiliary disorders*

Rare: Hepatitis

*Skin and subcutaneous tissue disorders*

Rare: Hypersensitivity reactions such as pruritus, flush, rash

Very rare: Alopecia. Beta-blockers can provoke or aggravate psoriasis or may cause psoriasis like skin disorder

*Musculoskeletal and connective tissue disorders*

Uncommon: Muscle weakness and cramps

*Reproductive system and breast disorders*

Rare: Impotence

*General disorders and administration site conditions*

Common: Fatigue\*\*

Uncommon: Asthenia\*\*

*Investigations*

Rare: Increased liver enzymes (ALAT, ASAT)

\*\*These symptoms especially occur at the beginning of the therapy. They are generally mild and often disappear within 1-2 weeks.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the national reporting system listed in Appendix V.

### **4.9 Overdose**

#### In connection with amlodipine:

In humans experience with intentional overdose is limited.

#### *Symptoms*

Available data suggest that gross overdosage could result in excessive peripheral vasodilatation and possibly reflex tachycardia. Marked and probably prolonged systemic hypotension up to and including shock with fatal outcome have been reported.

#### *Treatment*

Clinically significant hypotension due to amlodipine overdosage calls for active cardiovascular support including frequent monitoring of cardiac and respiratory function, elevation of extremities and attention to circulating fluid volume and urine output.

A vasoconstrictor may be helpful in restoring vascular tone and blood pressure, provided that there is no contraindication to its use. Intravenous calcium gluconate may be beneficial in reversing the effects of calcium channel blockade.

Gastric lavage may be worthwhile in some cases. In healthy volunteers the use of charcoal up to 2 hours after administration of amlodipine 10 mg has been shown to reduce the absorption rate of amlodipine.

Since amlodipine is highly protein-bound, dialysis is not likely to be of benefit.

#### In connection with bisoprolol:

#### *Symptoms*

The most common signs expected with overdosage of a  $\beta$ -blocker are bradycardia, hypotension, bronchospasm, acute cardiac insufficiency and hypoglycaemia. To date a few cases of overdose with bisoprolol in hypertensive and/or ischemic heart disease patients have been reported: Bradycardia and/or hypotension were noted. All patients recovered. There is a wide interindividual variation in sensitivity and in reactions to one single high dose of bisoprolol, patients with heart disease are obviously more sensitive to the effects of bisoprolol.

#### *Treatment*

In general, if overdose occurs, bisoprolol treatment should be stopped and supportive and symptomatic treatment should be provided. Limited data suggest that bisoprolol is hardly dialysable.

Based on the expected pharmacological actions and recommendations for other  $\beta$ -blockers, the following general measures should be considered when clinically warranted.

*Bradycardia:* Administer intravenous atropine. If the response is inadequate, isoprenaline or another agent with positive chronotropic properties may be given cautiously. Under some circumstances, transvenous pacemaker insertion may be necessary.

*Hypotension:* Intravenous fluids and vasopressors should be administered. Intravenous glucagon may be useful.

*AV block (second or third degree):* Patients should be carefully monitored and treated with isoprenaline infusion or cardiac pacemaker insertion.

*Acute worsening of heart failure:* I.v. diuretics, positive inotropic agents, vasodilating agents should be administered.

*Bronchospasm:* Bronchodilator therapy such as isoprenaline,  $\beta_2$ -sympathomimetic drugs and/or aminophylline should be administered.

*Hypoglycaemia:* I.v. glucose should be administered.

## 5. PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Beta blocking agents, selective, and other antihypertensives.

ATC code: C07FB07

#### Mechanism of action of amlodipine:

Amlodipine is a calcium ion influx inhibitor of the dihydropyridine group (slow channel blocker or calcium ion antagonist) and inhibits the transmembrane influx of calcium ions into cardiac and vascular smooth muscle.

The mechanism of the antihypertensive action of amlodipine is due to a direct relaxant effect on vascular smooth muscle. The precise mechanism by which amlodipine relieves angina has not been fully determined, but amlodipine reduces total ischaemic burden by the following two actions:

1) Amlodipine dilates peripheral arterioles and thus, reduces the total peripheral resistance (afterload) against which the heart works. Since the heart rate remains stable, this unloading of the heart reduces myocardial energy consumption and oxygen requirements.

2) The mechanism of action of amlodipine also probably involves dilatation of the main coronary arteries and coronary arterioles, both in normal and ischaemic regions. This dilatation increases myocardial oxygen delivery in patients with coronary artery spasm (Prinzmetal's or variant angina).

#### Pharmacodynamic effects:

In patients with hypertension, once daily dosing provides clinically significant reductions of blood pressure in both the supine and standing positions throughout the 24-hour interval. Due to the slow onset of action, acute hypotension is not a feature of amlodipine administration.

In patients with angina, once daily administration of amlodipine increases total exercise time, time to angina onset, and time to 1 mm ST segment depression, and decreases both angina attack frequency and glyceryl trinitrate tablet consumption.

Amlodipine has not been associated with any adverse metabolic effects or changes in plasma lipids and is suitable for use in patients with asthma, diabetes, and gout.

#### Mechanism of action of bisoprolol:

Bisoprolol is a potent, highly  $\beta_1$ -selective adrenoreceptor-blocking agent devoid of intrinsic sympathomimetic activity (ISA) and without relevant membrane stabilising activity.

It only shows low affinity to the  $\beta_2$ -receptor of the smooth muscles of bronchi and vessels as well as to the  $\beta_2$ -receptors concerned with metabolic regulation. Therefore, bisoprolol is generally not to be expected to influence the airway resistance and  $\beta_2$ -mediated metabolic effects. Its  $\beta_1$ -selectivity extends beyond the therapeutic dose range. Bisoprolol has no explicit negative inotropic effect.

Bisoprolol has its maximal effect 3-4 hours after oral administration.

The plasma elimination half-life (10-12 hours) provides 24 hours efficacy following a once daily dosage.

It usually exerts its maximal antihypertensive effect after 2 weeks.

In acute administration in patients with coronary heart disease without chronic heart failure bisoprolol reduces the heart rate and stroke volume and thus the cardiac output and oxygen consumption. In chronic administration the initially elevated peripheral resistance decreases.

Antihypertensive effect of beta-blockers is among others due to decrease of renin activity.

#### Pharmacodynamic effects of the combination product

This combination allows to increase the antihypertensive and anti-anginal efficacy by complementary mechanism of actions of the two active compounds: vasoselective effect of the calcium channel blocker amlodipine (decrease of peripheral resistance) and cardioselective beta-blocker bisoprolol (decrease of cardiac output).

In an 18 week, multicenter, randomized, comparative phase III study, 200 patients with blood pressure uncontrolled by either 5 mg bisoprolol (n=100, bisoprolol failure group) or 5 mg amlodipine (n=100, amlodipine failure group) monotherapy were treated with Concor AMLO for 18 weeks. Initial dose

~~was 5 mg/5 mg bisoprolol/amlodipine for six weeks. Thereafter, the dose was increased according to the patient need and tolerability up to a maximum dose of 10/10mg. The primary efficacy endpoint was change in systolic blood pressure (SBP) at week 18 versus baseline (corresponding to SBP under monotherapy). Secondary endpoints included changes in diastolic blood pressure (DBP) and heart rate (HR) after 18 weeks, and percentage of BP controlled patients at week 6, 12 and 18. There were similar mean SBP reductions from baseline by study end in the bisoprolol failure and amlodipine failure group  $25.9 \pm 12.82$ mmHg and  $24.7 \pm 11.67$ mmHg reduction, respectively;  $p < 0.001$  for both). Overall mean SBP decreased by  $25.3 \pm 12.25$ mmHg ( $p < 0.001$ ). Mean DBP fell by  $14.0 \pm 7.73$ mmHg in the bisoprolol failure group and by  $13.0 \pm 9.38$ mmHg in the amlodipine failure group, both  $p < 0.001$ . Mean HR reductions were  $6.6 \pm 9.67$  bpm and  $11.5 \pm 8.65$  bpm in the bisoprolol failure and amlodipine failure group;  $p < 0.001$  for both). Most patients (83.2%) displayed already BP control with Bisoprolol/Amlodipine 5/5mg at 6 weeks.~~

## 5.2 Pharmacokinetic properties

### Amlodipine:

#### *Absorption, distribution, plasma protein binding:*

After oral administration of therapeutic doses, amlodipine is well absorbed with peak blood levels between 6-12 hours post dose. Absolute bioavailability has been estimated to be between 64 and 80%. The volume of distribution is approximately 21 l/kg. In vitro studies have shown that approximately 97.5% of circulating amlodipine is bound to plasma proteins. The bioavailability of amlodipine is not affected by food intake.

#### *Biotransformation/elimination:*

The terminal plasma elimination half-life is about 35-50 hours and is consistent with once daily dosing. Amlodipine is extensively metabolised by the liver to inactive metabolites with 10% of the parent compound and 60% of metabolites excreted in the urine.

#### *Hepatic impairment:*

Very limited clinical data are available regarding amlodipine administration in patients with hepatic impairment. Patients with hepatic insufficiency have decreased clearance of amlodipine resulting in a longer half-life and an increase in AUC of approximately 40-60%.

#### *Elderly population:*

The time to reach peak plasma concentrations of amlodipine is similar in elderly and younger subjects. Amlodipine clearance tends to be decreased with resulting increases in AUC and elimination half-life in elderly patients. Increases in AUC and elimination half-life in patients with congestive heart failure were as expected for the patient age group studied.

### Bisoprolol:

#### *Absorption:*

Bisoprolol is absorbed almost completely (> 90%) from the gastrointestinal tract. Due to the very small first pass effect (approx. 10%), its absolute bioavailability is approximately 90% after oral administration.

#### *Distribution:*

Its distribution volume is 3.5 l/kg. The plasma protein binding of bisoprolol is about 30%.

#### *Metabolism and elimination:*

Bisoprolol is excreted from the body by two routes. 50% is metabolised by the liver to inactive metabolites, which are then excreted by the kidneys. The remaining 50% is excreted by the kidneys in unmetabolised form. Since the elimination takes place in the kidneys and the liver to the same extent a dosage adjustment is not required for patients with mild to moderate liver function impairment or renal insufficiency. Total clearance is approximately 15 l/h.

The elimination half-life in plasma is 10-12 hours.

The kinetics of bisoprolol are linear and independent of age.

### Combination product

~~A pharmacokinetic interaction study demonstrated no interaction between the two compounds. There has not been conducted any pharmacokinetic interaction study between the two compounds. Even if such interaction exist, according to the results of bioequivalence study the extent of this hypothetic interaction must be the same in case of taking Concor AMLO, than in case of taking the two compounds separately at the same dose levels as in the combination.~~

### 5.3 Preclinical safety data

In connection with amlodipine:

#### Reproductive toxicology

Reproductive studies in rats and mice have shown delayed date of delivery, prolonged duration of labour and decreased pup survival at dosages approximately 50 times greater than the maximum recommended dosage for humans based on mg/kg.

#### Impairment of fertility

There was no effect on the fertility of rats treated with amlodipine (males for 64 days and females 14 days prior to mating) at doses up to 10 mg/kg/day (8 times\* the maximum recommended human dose of 10 mg on a mg/m<sup>2</sup> basis). In another rat study in which male rats were treated with amlodipine besilate for 30 days at a dose comparable with the human dose based on mg/kg, decreased plasma follicle-stimulating hormone and testosterone were found as well as decreases in sperm density and in the number of mature spermatids and Sertoli cells.

#### Carcinogenesis, mutagenesis:

Rats and mice treated with amlodipine in the diet for two years, at concentrations calculated to provide daily dosage levels of 0.5, 1.25, and 2.5 mg/kg/day, showed no evidence of a carcinogenicity. The highest dose (for mice, similar to, and for rats twice\* the maximum recommended clinical dose of 10 mg on a mg/m<sup>2</sup> basis) was close to the maximum tolerated dose for mice but not for rats.

Mutagenicity studies revealed no drug related effects at either the gene or chromosome levels.

\*Based on patient weight of 50 kg

In connection with bisoprolol:

Non-clinical data reveal no special hazard for humans based on conventional studies of safety pharmacology, repeated dose toxicity, genotoxicity, carcinogenic potential, toxicity to reproduction. During reproduction toxicology tests bisoprolol had no influence on fertility or general reproduction ability.

Like other beta-blockers, bisoprolol caused maternal (decreased food intake and decreased body weight increase) and embryo/fetal toxicity (increased incidence of resorptions, reduced birth weight of the offspring, retarded physical development) but was not teratogenic.

## 6. PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

Silica, colloidal anhydrous  
Magnesium stearate  
Sodium starch glycolate (type A)  
Cellulose, microcrystalline

### 6.2 Incompatibilities

Not applicable.

### 6.3 Shelf life

3 years

#### **6.4 Special precautions for storage**

Do not store above 30°C. Store in the original container in order to protect from light.

#### **6.5 Nature and contents of container**

28, 30, 56, or 90 tablets in OPA/Al/PVC//Al blister and carton box.  
Not all pack sizes may be marketed.

#### **6.6 Special precautions for disposal and other handling**

No special requirements.

### **7. MARKETING AUTHORISATION HOLDER**

To be completed nationally]

### **8. MARKETING AUTHORISATION NUMBERS**

To be completed nationally]

### **9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

To be completed nationally]

### **10. DATE OF REVISION OF THE TEXT**

To be completed nationally]

## **LABELLING**

**PARTICULARS TO APPEAR ON THE OUTER PACKAGING  
CARTON BOX**

**1. NAME OF THE MEDICINAL PRODUCT**

Concor AMLO 5 mg/5 mg tablets  
Bisoprolol fumarate, amlodipine

**2. STATEMENT OF ACTIVE SUBSTANCE(S)**

Each tablet contains: 5 mg bisoprolol fumarate, 5 mg amlodipine (as besilate).

**3. LIST OF EXCIPIENTS**

**4. PHARMACEUTICAL FORM AND CONTENTS**

28 tablets  
30 tablets  
56 tablets  
90 tablets

**5. METHOD AND ROUTE(S) OF ADMINISTRATION**

For oral use.  
Read the package leaflet before use.

**6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT  
OF THE SIGHT AND REACH OF CHILDREN**

Keep out of the sight and reach of children.

**7. OTHER SPECIAL WARNING(S), IF NECESSARY.**

**8. EXPIRY DATE**

Exp.:

**9. SPECIAL STORAGE CONDITIONS**

Do not store above 30 °C.  
Store in the original container in order to protect from light.

**10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE**

[To be completed nationally]

**11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER**

[To be completed nationally]

**12. MARKETING AUTHORISATION NUMBER(S)**

[To be completed nationally]

**13. BATCH NUMBER**

Batch:

**14. GENERAL CLASSIFICATION FOR SUPPLY**

Medicinal product subject to medical prescription.

**15. INSTRUCTIONS ON USE**

**16. INFORMATION IN BRAILLE**

Concor AMLO 5 mg/5 mg

**17. UNIQUE IDENTIFIER – 2D BARCODE**

2D barcode carrying the unique identifier included.

**18. UNIQUE IDENTIFIER – HUMAN READABLE DATA**

PC:

SN:

NN:

**MINIMUM PARTICULARS TO APPEAR ON BLISTERS**

**[BLISTER]**

**1. NAME OF THE MEDICINAL PRODUCT**

Concor AMLO 5 mg/5 mg tablets  
Bisoprolol fumarate, amlodipine

**2. NAME OF THE MARKETING AUTHORISATION HOLDER**

[To be completed nationally]

**3. EXPIRY DATE**

EXP

**4. BATCH NUMBER**

BN

**5. OTHER**

**PARTICULARS TO APPEAR ON THE OUTER PACKAGING  
CARTON BOX**

**1. NAME OF THE MEDICINAL PRODUCT**

Concor AMLO 5 mg/10 mg tablets  
Bisoprolol fumarate, amlodipine

**2. STATEMENT OF ACTIVE SUBSTANCE(S)**

Each tablet contains: 5 mg bisoprolol fumarate, 10 mg amlodipine (as besilate).

**3. LIST OF EXCIPIENTS**

**4. PHARMACEUTICAL FORM AND CONTENTS**

28 tablets  
30 tablets  
56 tablets  
90 tablets

**5. METHOD AND ROUTE(S) OF ADMINISTRATION**

For oral use.  
Read the package leaflet before use.

**6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT  
OF THE SIGHT AND REACH OF CHILDREN**

Keep out of the sight and reach of children.

**7. OTHER SPECIAL WARNING(S), IF NECESSARY.**

**8. EXPIRY DATE**

Exp.:

**9. SPECIAL STORAGE CONDITIONS**

Do not store above 30 °C.  
Store in the original container in order to protect from light.

**10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE**

[To be completed nationally]

**11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER**

[To be completed nationally]

**12. MARKETING AUTHORISATION NUMBER(S)**

[To be completed nationally]

**13. BATCH NUMBER**

Batch:

**14. GENERAL CLASSIFICATION FOR SUPPLY**

Medicinal product subject to medical prescription.

**15. INSTRUCTIONS ON USE**

**16. INFORMATION IN BRAILLE**

Concor AMLO 5 mg/10 mg

**17. UNIQUE IDENTIFIER – 2D BARCODE**

2D barcode carrying the unique identifier included.

**18. UNIQUE IDENTIFIER – HUMAN READABLE DATA**

PC:

SN:

NN:

**MINIMUM PARTICULARS TO APPEAR ON BLISTERS**

**[BLISTER]**

**1. NAME OF THE MEDICINAL PRODUCT**

Concor AMLO 5 mg/10 mg tablets  
Bisoprolol fumarate, amlodipine

**2. NAME OF THE MARKETING AUTHORISATION HOLDER**

[To be completed nationally]

**3. EXPIRY DATE**

EXP

**4. BATCH NUMBER**

BN

**5. OTHER**

**PARTICULARS TO APPEAR ON THE OUTER PACKAGING  
CARTON BOX**

**1. NAME OF THE MEDICINAL PRODUCT**

Concor AMLO 10 mg/ 5 mg tablets  
Bisoprolol fumarate, amlodipine

**2. STATEMENT OF ACTIVE SUBSTANCE(S)**

Each tablet contains: 10 mg bisoprolol fumarate, 5 mg amlodipine (as besilate).

**3. LIST OF EXCIPIENTS**

**4. PHARMACEUTICAL FORM AND CONTENTS**

28 tablets  
30 tablets  
56 tablets  
90 tablets

**5. METHOD AND ROUTE(S) OF ADMINISTRATION**

For oral use.  
Read the package leaflet before use.

**6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT  
OF THE SIGHT AND REACH OF CHILDREN**

Keep out of the sight and reach of children.

**7. OTHER SPECIAL WARNING(S), IF NECESSARY.**

**8. EXPIRY DATE**

Exp.:

**9. SPECIAL STORAGE CONDITIONS**

Do not store above 30 °C.  
Store in the original container in order to protect from light.

**10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE**

[To be completed nationally]

**11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER**

[To be completed nationally]

**12. MARKETING AUTHORISATION NUMBER(S)**

[To be completed nationally]

**13. BATCH NUMBER**

Batch:

**14. GENERAL CLASSIFICATION FOR SUPPLY**

Medicinal product subject to medical prescription.

**15. INSTRUCTIONS ON USE**

**16. INFORMATION IN BRAILLE**

Concor AMLO 10 mg/5 mg

**17. UNIQUE IDENTIFIER – 2D BARCODE**

2D barcode carrying the unique identifier included.

**18. UNIQUE IDENTIFIER – HUMAN READABLE DATA**

PC:

SN:

NN:

**MINIMUM PARTICULARS TO APPEAR ON BLISTERS**

**[BLISTER]**

**1. NAME OF THE MEDICINAL PRODUCT**

Concor AMLO 10 mg/5 mg tablets  
Bisoprolol fumarate, amlodipine

**2. NAME OF THE MARKETING AUTHORISATION HOLDER**

[To be completed nationally]

**3. EXPIRY DATE**

EXP

**4. BATCH NUMBER**

BN

**5. OTHER**

**PARTICULARS TO APPEAR ON THE OUTER PACKAGING  
CARTON BOX**

**1. NAME OF THE MEDICINAL PRODUCT**

Concor AMLO 10 mg/10 mg tablets  
Bisoprolol fumarate, amlodipine

**2. STATEMENT OF ACTIVE SUBSTANCE(S)**

Each tablet contains: 10 mg bisoprolol fumarate, 10 mg amlodipine (as besilate).

**3. LIST OF EXCIPIENTS**

**4. PHARMACEUTICAL FORM AND CONTENTS**

28 tablets  
30 tablets  
56 tablets  
90 tablets

**5. METHOD AND ROUTE(S) OF ADMINISTRATION**

For oral use.  
Read the package leaflet before use.

**6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT  
OF THE SIGHT AND REACH OF CHILDREN**

Keep out of the sight and reach of children.

**7. OTHER SPECIAL WARNING(S), IF NECESSARY.**

**8. EXPIRY DATE**

Exp.:

**9. SPECIAL STORAGE CONDITIONS**

Do not store above 30 °C.  
Store in the original container in order to protect from light.

**10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE**

[To be completed nationally]

**11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER**

[To be completed nationally]

**12. MARKETING AUTHORISATION NUMBER(S)**

[To be completed nationally]

**13. BATCH NUMBER**

Batch:

**14. GENERAL CLASSIFICATION FOR SUPPLY**

Medicinal product subject to medical prescription.

**15. INSTRUCTIONS ON USE**

**16. INFORMATION IN BRAILLE**

Concor AMLO 10 mg/10 mg

**17. UNIQUE IDENTIFIER – 2D BARCODE**

2D barcode carrying the unique identifier included.

**18. UNIQUE IDENTIFIER – HUMAN READABLE DATA**

PC:

SN:

NN:

**MINIMUM PARTICULARS TO APPEAR ON BLISTERS**

**[BLISTER]**

**1. NAME OF THE MEDICINAL PRODUCT**

Concor AMLO 10 mg/10 mg tablets  
Bisoprolol fumarate, amlodipine

**2. NAME OF THE MARKETING AUTHORISATION HOLDER**

[To be completed nationally]

**3. EXPIRY DATE**

EXP

**4. BATCH NUMBER**

BN

**5. OTHER**

**PACKAGE LEAFLET**

## Package leaflet: Information for the user

**Concor AMLO 5 mg/5 mg tablets**  
**Concor AMLO 5 mg/10 mg tablets**  
**Concor AMLO 10 mg/5 mg tablets**  
**Concor AMLO 10 mg/10 mg tablets**  
bisoprolol fumarate, amlodipine

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

### What is in this leaflet

1. What **Concor AMLO** is and what it is used for
2. What you need to know before you take **Concor AMLO**
3. How to take **Concor AMLO**
4. Possible side effects
5. How to store **Concor AMLO**
6. Contents of the pack and other information

#### 1. What **Concor AMLO** is and what it is used for

~~Concor AMLO is indicated for the treatment of hypertension in patients whose blood pressure cannot be controlled by either one of the active substances (bisoprolol or amlodipine) alone or Concor AMLO is indicated for the treatment of high blood pressure~~ **Concor AMLO is indicated for the treatment of high blood pressure** as substitution therapy in patients who are adequately controlled with the individual products given concurrently at the same doses level as in the combination, but as separate tablets.

#### 2. What you need to know before you take **Concor AMLO**

##### Do not take **Concor AMLO**

- If you are allergic to amlodipine, bisoprolol (active substances), dihydropyridine derivatives or any of the other ingredients of this medicine (listed in section 6);
- If you have serious narrowing of the outflow tract of the left ventricle (e.g. high grade aortic stenosis);
- If you suffer from acute heart failure, unstable heart failure after acute myocardial infarction or heart failure requiring intravenous drugs to increase strength of myocardial contraction;
- If you suffer from shock due to abnormal function of heart (in such cases blood pressure is extremely low and circulation is close to collapse);
- If you suffer from heart disease characterized by very slow heart beat or irregular heart contraction (2<sup>nd</sup> or 3<sup>rd</sup> degree atrioventricular block, sinoatrial block, sick sinus syndrome);
- In case of extremely low blood pressure;
- In case of slow heart rate;
- In case of severe bronchial asthma;

- In case of serious peripheral arterial disease;
- In case of Raynaud syndrome, which is characterized by numbness, buzz and decoloration of fingers on hands and feet exposed to cold.
- In case of untreated pheocromocytoma, which is a rare tumour of adrenal glands' marrow;
- In such metabolic conditions where pH of blood becomes acidic

If you think you suffer from any of the above mentioned diseases, ask your doctor whether you can take the preparation.

### **Warnings and precautions**

Talk to your doctor or pharmacist before taking **Concor AMLO**.

**Concor AMLO** can be administered with special care in the following conditions, therefore inform your doctor if any of the following conditions applies to you:

- Elderly age;
- Heart failure;
- Diabetes with highly variable blood sugar levels;
- Strict diet;
- Concomitant antiallergic (desensitizing) treatment (e.g. in order to prevent allergic rhinitis);
- Mild disorder of electronic regulatory system of heart rhythm (first degree AV-block);
- Coronary perfusion disorder (Prinzmetal's angina)
- Vascular disease of extremities characterized by decreased perfusion;
- Psoriasis;
- Hyperthyreosis;
- Hepatic or renal disease;
- In case of treated pheocromocytoma, which is a rare tumour of adrenal glands' marrow;
- Bronchial asthma or other chronic obstructive lung disease;
- If you are going to have an operation inform your anaesthetist, that you are taking **Concor AMLO**.

Your doctor may feel it necessary to take special measures (e.g. additional treatment), if any of the above conditions exists.

### **Children and adolescents**

**Concor AMLO** is not recommended for use in children below the age of 18 years due to the lack of data on safety and efficacy.

### **Other medicines and Concor AMLO**

Therapeutic and side effects of this medicine may be biased by other medicines being concomitantly taken.

Interactions can arise, even if other medicine has been taken within just short time.

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

*The coadministration of the following medicines with **Concor AMLO** is not recommended:*

*Verapamil- and diltiazem type calcium channel blockers:* These drugs are used for the treatment of high blood pressure and chronic stable angina pectoris.

*Centrally acting antihypertensives (e.g.: clonidine, methyldopa, moxonodine, rilmenidine):* Do not stop taking these drugs before consulting your doctor.

*The following drugs may only be coadministered with **Concor AMLO** in certain circumstances with special caution under medical supervision:*

*Certain heart rhythm regulator preparations* (quinidine, disopyramide, lidocaine, phenytoin, flecainide, propafenone, amiodarone). These drugs are used for the treatment of irregular or abnormal heart rhythm.

*Topically applied beta-blocker preparations* (e.g. eye-drops used to treat glaucoma).

*Parasympathomimetics*. These drugs are used to potentiate function of smooth muscle in diseases of stomach, intestine, bladder and in glaucoma.

*Insulin and oral antidiabetics*.

*Hypnotics, anaesthetic agents*.

*Heart glycosides (digitalis)*, drugs used to treat heart failure.

*Non steroidal antiinflammatory drugs (NSAIDs)*. These drugs may be given for the treatment of joint inflammation, pain or arthritis.

*Sympathomimetics* (e.g. isoprenaline, dobutamine, norepinephrine, epinephrine). These drugs are used for the treatment of serious circulation disorders in case of emergency.

*Any drugs lowering blood pressure due to therapeutic or adverse effect* (e.g. antihypertensive medicines, tricyclic antidepressants, barbiturates, phenothiazines).

*Tacrolimus*, a medicine used to alter the way the immune system works.

*Cyclosporine*, an immunosuppressant.

*Dantrolene*, infusion for severe body temperature abnormalities.

*Simvastatin*, a cholesterol lowering medicine.

*Possible effects of a coadministration of the following medicines with **Concor AMLO** tablet need to be considered by your doctor:*

*Mefloquine*, used to prevent or treat malaria.

*Monoamino-oxidase (MAO) inhibitors* (except MAO-B inhibitors) used to treat depression.

Drugs affecting metabolism of amlodipine e.g.:

- ketoconazole, itraconazole (anti-fungal medicines)
- ritonavir, indinavir, nelfinavir (so called protease inhibitors used to treat HIV)
- rifampicin, erythromycin, clarithromycin (antibiotics)
- hypericum perforatum (St. John's Wort)

#### **Concor AMLO tablets with food, drink and alcohol**

Alcohol may potentiate blood pressure lowering effect of the preparation.

Grapefruit juice and grapefruit should not be consumed by people who are taking **Concor AMLO**. This is because grapefruit and grapefruit juice can lead to an increase in the blood levels of the active ingredient amlodipine, which can cause an unpredictable increase in the blood pressure lowering effect of **Concor AMLO**.

## **Pregnancy and breast-feeding**

### *Pregnancy*

As no appropriate amount of clinical experience is available concerning pregnant women, it can be administered only after careful individual consideration of risk/benefit ratio by a doctor, therefore don't forget to inform your doctor if you may be pregnant or you plan to have a baby.

In case of its administration in pregnancy, careful monitoring of foetus' and newborn's condition may be necessary.

### *Breast-feeding*

Concor AMLO is not recommended during breast-feeding.

## **Driving and using machines**

Concor AMLO may impair driving or using machines by causing dizziness, headache, fatigue or nausea – especially when you start treatment or if your treatment is changed, and when you drink alcohol – therefore your doctor decides individually at what kind of dosage you can drive or use machines.

## **3. How to take Concor AMLO**

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is: one tablet of the strength prescribed for you.

Usually there is no need of dose adjustment in mild to moderate liver or kidney disease.

In serious liver or kidney disease doses may be modified.

### Elderly

There is no need of dose adjustment in elderly patients, however, caution is advised when the dose is increased.

### Administration

Concor AMLO should be taken in the morning, with or without food, with a little fluid without chewing it.

The score line is only there to help you break the tablet if you have difficulties swallowing it whole.

If you feel that the therapeutic effect of Concor AMLO is too strong or too weak, consult your doctor or pharmacist.

### **If you take more Concor AMLO than you should**

If you take more Concor AMLO tablets than you should, consult a doctor immediately.

### **If you forget to take Concor AMLO**

Try to make up missed dose as soon as possible. If it is already time to take next dose, do not take a double dose to make up for a forgotten dose, because you cannot compensate missed amount but you expose yourself to the risk of overdose.

### **If you stop taking Concor AMLO**

Do not stop taking drug abruptly, or change recommended dose before consulting your doctor, as in such cases heart failure may temporarily worsen. Treatment must not be discontinued abruptly especially in patients with coronary disease. If cessation of treatment is necessary, dose must be reduced gradually.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

## **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

*Very common: may affect more than 1 in 10 people*  
Oedema.

*Common: may affect up to 1 in 10 people*

Headache, dizziness, somnolence (especially at the beginning of the treatment), palpitation, flush, abdominal pain, ankle swelling, fatigue, asthenia, feeling of coldness and numbness in the extremities, gastrointestinal complaints such as nausea, vomiting, altered bowel habits, diarrhoea, constipation, dyspepsia, visual disturbances (including diplopia), muscle cramps, dyspnoea.

*Uncommon: may affect up to 1 in 100 people*

Insomnia, mood changes (including anxiety), depression, temporary loss of consciousness (syncope), hypaesthesia, paraesthesia, abnormal sense of taste (dysgeusia), tremor, tinnitus, hypotension, rhinitis, cough, dry mouth, alopecia, small bleedings in the skin and mucosa (purpura), skin discolouration, increased sweating, itching, rash, exanthema, urticaria, arthralgia, myalgia, back pain, frequent micturition, micturition disorder, nycturia, impotence, breast enlargement in men, chest pain, pain, malaise, weight increase, weight decrease, sleep disorders, heart conduction disorders, deterioration of pre-existing heart failure, cardiac arrhythmia, slow heart rate (less than 50 beat per minute), low blood pressure, bronchospasm in patients with bronchial asthma or a history of obstructive pulmonary disease, muscle weakness.

*Rare: may affect up to 1 in 1,000 people*

Confusion, elevated level of triglyceride, nightmares, sense illusion, which is an abnormal sensation without detectable stimulus, similar to real sensation and seems real (hallucination), decreased tear secretion (it must be taken into consideration if you wear contact lenses), hearing impairments, allergic rhinitis, hepatitis, hypersensitivity reactions such as itching, flush, rash, elevated liver enzymes.

*Very rare: may affect up to 1 in 10,000 people*

Decrease of number or white blood cells and platelets, allergic reactions, elevated level of blood sugar, hypertonia, peripheral neuropathy, heart attack, patchy inflammation of small blood vessels (vasculitis), gastritis, gingival hyperplasia, pancreatitis, jaundice, acute swelling of skin or mucosa involving most frequently eyelids, lips, joints, genitals, glottis, pharynx and tongue (angio-oedema), serious inflammation of skin or mucosa with red vesicles (erythema multiforme), widespread erythema and scaling of the skin (exfoliative dermatitis), serious blistering lesions of the skin and mucous membranes of the mouth, genital and anal regions, with fever, sore throat and fatigue (Stevens-Johnson syndrome), sensitivity to the sunlight, conjunctivitis, drugs with similar mechanism of action than bisoprolol (active ingredient of the preparation) may evoke or worsen psoriasis (chronic skin disease with itchy scaly red patches) or may cause psoriasis-like skin disorder, disorders combining involuntary movements, muscle rigidity and contractions, tremor (extrapyramidal syndrome).

### **Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via [the national reporting system listed in Appendix V](#). By reporting side effects you can help provide more information on the safety of this medicine.

## **5. How to store Concor AMLO**

Keep this medicine out of the sight and reach of children.

Do not store above 30°C. Store in the original container in order to protect from light.

Do not use this medicine after the expiry date which is stated on the carton (year/month). The expiry date refers to the last day of that month.

**Do not use this medicine tablet if you notice the visible signs (discoloration) of deterioration.**

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Concor AMLO contains**

- The active substances are:
  - Concor AMLO 5 mg/5 mg tablets  
5 mg bisoprolol fumarate and 5 mg amlodipine (as besilate)
  - Concor AMLO 5 mg/10 mg tablets  
5 mg bisoprolol fumarate and 10 mg amlodipine (as besilate)
  - Concor AMLO 10 mg/5 mg tablets  
10 mg bisoprolol fumarate and 5 mg amlodipine (as besilate)
  - Concor AMLO 10 mg/10 mg tablets  
10 mg bisoprolol fumarate and 10 mg amlodipine (as besilate)
- The other ingredients are: Silica, colloidal anhydrous, magnesium stearate, sodium starch glycolate (type A), microcrystalline cellulose.

### **What Concor AMLO looks like and contents of the pack**

**Concor AMLO 5 mg/5 mg tablets:** White or almost white, odourless, oblong, slightly convex tablets with a length of 9.5 mm and a width of 4.5 mm with score line on one side and with embossed MS on the other side. The score line is only to facilitate breaking for ease of swallowing and not to divide into equal doses.

**Concor AMLO 5 mg /10 mg tablets:** White or almost white, odourless, round, flat, bevel edged tablets of 10 mm with score line on one side and with embossed MS on the other side. The score line is only to facilitate breaking for ease of swallowing and not to divide into equal doses.

**Concor AMLO 10 mg /5 mg tablets:** White or almost white, odourless, oval shaped, slightly convex tablets with a length of 13 mm and a width of 7 mm with score line on one side and with embossed MS on the other side. The score line is only to facilitate breaking for ease of swallowing and not to divide into equal doses.

**Concor AMLO 10 mg/10 mg tablets:** White or almost white, odourless, round, slightly convex tablets of 10 mm with score line on one side and with embossed MS on the other side. The score line is only to facilitate breaking for ease of swallowing and not to divide into equal doses.

**Concor AMLO** comes in packs of 28, 30, 56, or 90 tablets in OPA/Al/PVC//Al blister and carton box. Not all pack sizes may be marketed.

### **Marketing Authorisation Holder**

[To be completed nationally.]

### Manufacturers

EGIS Pharmaceuticals PLC  
H-1106 Budapest, Keresztúri út 30-38.  
Hungary

EGIS Pharmaceuticals PLC  
H-1165 Budapest, Bökényföldi út 118-120.  
Hungary

Merck KGaA, Frankfurter Strasse 250, 64293 Darmstadt, Germany

**This medicine is authorised in the Member States of the European Economic Area under the following names:**

<u>Austria</u>	<u>Concor AMLO</u>
Bulgaria	Concor AM
<u>Croatia</u>	<u>Concor AM</u>
Czech Republic	Concor Combi
Hungary	Concor AMLO
Latvia	Concor AM
Poland	Concoram
Romania	Concor AM
Slovakia	Concor Combi
<del>Slovenia</del>	<del>Concor AM</del>

**This leaflet was last revised in**

[To be completed nationally]